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**RECONCILIATION
TAKES CENTRE STAGE**



Going Home Star shines light on dark history

metroNEWS

COURTESY SAMANTA KATZ

Refugees en route

INFLUX

**City on track
to resettle
hundreds more
by February**



Community groups may have asked for a break from the influx of Syrian refugees to Ottawa, but the city is still on track to resettle a total of 1,200 people fleeing the war-torn country by the end of February.

"What they wanted was a bit of breathing time, if you will," Coun. Michael Qaqish said on Wednesday, following his first briefing as the new liaison for the city's Syrian refugee resettlement efforts.

Agencies in Ottawa and Vancouver recently asked the federal

government for a reprieve in the Syrian refugee intake in order to hire more staff and find homes for the newcomers.

Ottawa has welcomed almost 500 people already and many families are living in hotels. Housing remains the biggest challenge, but Qaqish's new role will shift in little more than a year, when the families' federal funding runs out.

"It'll be a long-term thing," he said. "It's not just, OK they're here, they're settled and we're out of the picture. We have to make sure they integrate successfully into the community."

The city is also planning a refugee welcome party this spring or summer.

Meanwhile, Refugee 613, the group co-ordinating the resettlement efforts, is creating a registry of private sponsors to map out how many more refugees the city can "comfortably absorb" in the coming years.

WITH FILES FROM TORSTAR NEWS SERVICE



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LABOUR

Feds move to repeal union bills



Michael Woods
Metro | Ottawa

The Liberal government announced legislation to repeal two laws seen as anti-labour Thursday morning, a move it said would restore balance to workplace relations.

The controversial bills — C-377 and C-525 — were passed by the former Conservative government amid opposition from unions. The Liberals promised to repeal them during the campaign.

“We’re proud to be pursuing our commitment to help restore a fair and balanced approach to labour relations in Canada by repealing Bills C-377 and C-525,” Employment Minister MaryAnn Mihychuk said in a statement.

Rodger Cuzner, the parliamentary secretary for employment, said the two bills “have long been seen as solutions to problems that do not exist.”

It’s unclear, however, whether the new legislation will pass. The Conservatives have threatened to fight the changes in the Senate, where they currently have a majority.

Bill C-377 introduced financial reporting requirements on unions that many criticized as overreaching and onerous. The legislation was opposed by several provinces and decried as unconstitutional. The Liberal government waived reporting requirements on it late last year.

Bill C-525 changed union certification rules, making it more difficult for some workers to unionize.

Protecting Gatineau Park

CONSERVATION

Group renews campaign to secure national status



Haley Ritchie
Metro | Ottawa

Gatineau Park may be a treasured wilderness escape for the residents of Ottawa and Gatineau but those who enjoy it might be surprised to know it’s not recognized as a na-

tional or even provincial park.

That’s the message Soren Antosz is trying to spread in a new campaign calling for the federal government to “Make it a Park” in order to prevent future construction in the area.

“It’s a wilderness area and we’d like to make sure it’s protected for generations to come,” said Antosz, vice-president of the Canadian Parks and Wilderness Society Ottawa Valley chapter.

Antosz and the local chapter of CPAWS are concerned that without national park status there aren’t enough safeguards



There’s not enough transparency in how decisions are made.

Soren Antosz

to prevent construction inside the park.

“The difference is right now the NCC can make any decision they want. They do give public consultations, but they give the final say,” he said. “There’s not enough transparency in how decisions are made around the park.”

He said the group doesn’t necessarily take issue with NCC management of the park,

but he wants more oversight.

“If you wanted to make a change in Algonquin Park you’d have to go through public consultations and any decisions made would be tabled in Parliament,” said Antosz.

Founded in 1938, the park may not be as large as nearby Algonquin Park, but it does include 90 at-risk species of plants and 50 at-risk animal species. The park boundaries

also include 50 different lakes, including a rare meromictic lake.

The idea of making Gatineau Park a national park isn’t new — it’s something the group has been working on since it was founded in the 1970s.

Over the past decade several bills have been introduced in the House of Commons would solidify the park’s boundaries, but none have been passed.

With a new government in power, CPAWS is now renewing the effort.

“We’re trying to refresh the campaign,” said Antosz.



MONEY PAYDAY LOAN PROTESTERS PUSH FOR STRICTER REGULATIONS

Members of Ottawa ACORN march down Montreal Road in Vanier Thursday to protest predatory lenders and demand heavier licensing fees for them to remain in operation. The group included Ottawa residents who used payday loan business, who also called for a minimum distance bylaw between lenders. Vanier reportedly has the highest concentration of payday lenders than anywhere else in Ontario.

JOE LOFARO/METRO



Kindergarten Registration

Continuing Registration for 2016



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+ CHANGES

• **Birchview Court** in Nepean was changed to Bratislava Court, after the capital of Slovakia, so it wouldn't be confused with nearby Birchwood Road.

• **Clarendon Circle** in Kanata was renamed Davies Court in honour of community activists Edward and Dinah Davies. There's a Clarendon Avenue in Hintonburg.

• Part of **Cuddy Street** in Osgoode was renamed MacTavish Place after a local pioneer. The street was divided by a railway line.

• **Laird Street** in Nepean was renamed Savuto Way after an Italian River. There's another Laird Street in Stittsville.

• **Notre Dame Street W.** in Orleans became Chants-d'Oiseaux Way — meaning “bird songs” — in honour of the area's natural and francophone histories. There's already a Notre-Dame Street in the east-end suburb.

• Part of **Pinecrest Road** in the west end was changed to McWatters Road after Rough Rider Arnie McWatters, who also coached football at Carleton University and the University of Ottawa. That part of Pinecrest through a residential neighbourhood didn't connect to its arterial cousin.

• Part of **Tabor Avenue** in Vanier will join St-Denis Street, which staff say is a “logical extension.” Right now Tabor is divided into two sections.

• Kanata's **Walter Baker Place** — not to be confused with Walter Baker Sports Centre or Walter Baker Park — has become Charlie Rogers Place after a former Glen Cairn councillor.



Rideau Street and Rideau Place intersect near Sandy Hill. The city hopes to fix all confusion by the end of the year. EMMA JACKSON/METRO

City ready to get rid of repetitious roads

URBAN ISSUES

Identical or similar names can confuse in emergencies



Emma Jackson
Metro | Ottawa

When you Google for Rideau Place, you might find Rideau Street, or perhaps a retirement home, but you won't find the 25 townhomes on a Sandy Hill side street.

Fifteen years after amalgamation, duplicate street names persist across Ottawa.

Bell Street in Stittsville mirrors Bell Street N. and Bell Street S. near Dow's Lake. And Kanata's Woodbridge Crescent sounded a lot like Bayshore's Woodridge Crescent until the Kanata street became Budapest Crescent last June.

For the next year, city staffers will try to erase identical or similar names and clarify “disrupted streets” that are chopped up by parks and infrastructure.

Apart from sending pizzas to the wrong house, the problem can have serious consequences.

Emergency vehicles could end up kilometres away from a call, said project manager Françoise Lecrouart.

Not all the problems are because of amalgamation. Take Rideau Place: it intersects with Rideau Street and shares its name with a nearby seniors' home. Staff are currently picking a new name for the street.

One resident, who wished not to be named, said emergency vehicles have gotten confused before. She said it's a “minor inconvenience” for the 25 residents on Rideau Place to change their addresses.

Blatant duplicates have mostly

been dealt with already: village main streets adopted local names at amalgamation, and common streets like Queen, Church and Centre were eliminated on all but the most populous roads. Several years ago, numbered concessions were changed in rural areas.

Now staff are working systematically through each ward to identify more nuanced problems. Lecrouart said there are about five per ward. Usually, the road with the fewest affected addresses has to change, she said. Residents can suggest new names in the process. Staff hope to finish by the end of 2016.

CITIZENSHIP

Supreme Court rebuffs Ottawa man

The Supreme Court of Canada will not hear an appeal from an Ottawa man who has been fighting to be recognized as a Canadian citizen.

Deepan Budlakoti was born in Canada, holds an Ontario birth certificate and was issued a Canadian passport, but the government says he is not a citizen and wants to deport him.

The government argues Budlakoti did not automatically become a Canadian at birth in October 1989 because his parents were foreign nationals employed by a foreign diplomat, the Indian high commissioner.

Following drug and firearms convictions in 2010, Budlakoti was ordered out of Canada.

He has been fighting deportation ever since but has been turned down by both the Federal Court and the Federal Court of Appeal.

As usual, the Supreme Court gives no reasons for refusing to hear the case.

The courts have said Budlakoti has a number of options open to him, including asking for Canadian citizenship or seeking Indian citizenship, but has pursued neither approach.

India says they have no record of his citizenship and has refused to issue a travel document.

Budlakoti argues that his parents quit the Indian High Commission in June 1989, months before he was born, but the courts found the record is sketchy.

“The record does not establish the applicant's claim to citizenship by reason of birth in Canada,” the Federal Court said in 2014.

The Federal Court of Appeal upheld the lower decision last year.

“The appellant must first try to obtain citizenship from the Indian and Canadian authorities,” Justice David Stratas wrote in that ruling. “Those avenues have been practically and legally available to him for years. Yet he has refrained from pursuing them. Now he should pursue them.”

THE CANADIAN PRESS



Deepan Budlakoti
THE CANADIAN PRESS FILE

CLOTHING

Roots to create line for Canada's 150th



Haley Ritchie
Metro | Ottawa

Mayor Jim Watson and Roots co-founder Michael Budman announced today that the Canadian apparel company is partnering with Ottawa 2017 to create a special clothing line for Canada's 150th birthday.

“Over the years we've proven that we know how to make special collections that generate

excitement,” said Budman. “We hope to get tremendously celebrated Canadians to wear the products.”

On Thursday, special red scarves and toques were unveiled at the Rideau Centre Roots location along with 2017-branded jackets and a leather bag.

The full product line, which will be revealed Fall 2016, will include blankets, leather goods, accessories and apparel. A portion of the proceeds from sales will go back into 2017 festivities.

LIBRARIES

Potter fans, gather your grimoires

The Ottawa Public Library will host six Harry Potter-themed events around the city as part of Harry Potter Book Night on Feb. 4.

The global celebration, now in its second year, was created by Bloomsbury Publishing, which last year tracked 10,500 Potter parties around the world.

The Ottawa library will get in on the magic with crafts,

readings, quizzes and movie screenings after school next Thursday.

Teens can make their own butter beer, watch the Very Potter Musical or take the Ultimate Spellathon challenge.

Families can also spread the magic to young witches and wizards at Centrepointe's spellbinding story-time program. EMMA JACKSON/METRO



CONTRIBUTED

+ EVENTS

- Book night, Ruth E. Dickinson branch, 4 p.m.
- A Very Potter Musical screening, Carlingwood branch, 4:30 p.m.
- Book night, Main branch, 4:30 p.m.
- Harry Potter Night, Centrepointe branch, 5 p.m.
- Book night, Beaverbrook branch, 5 p.m.
- A Night of Spells, Centrepointe branch, 6:30 p.m.



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5

THINGS TO DO IN OTTAWA THIS WEEKEND

You can turn the city into your winter wonderland over the next three days whether you're taking in some ice carving, sculpting snowmen or curling around the rink. Afterwards, wash the weekend down with an ice-cold craft beer or a fruit and veg shake on the rocks.

HALEY RITCHIE METRO



1 Winterlude

Winterlude kicks off this weekend with about a million things to get you into the winter spirit. Gregory Charles will be playing Confederation Park Friday night at 7 p.m., followed by A Tribe Called Red on Saturday evening at 7 p.m. The ice carving competition carries on all weekend in the park with an award ceremony on Sunday at 5 p.m. Check out winterlude.ca for an entire lineup of events. **All weekend**



2 Festibiére D'Hiver

Love craft beer? Want to try something new? Gatineau's Festibiére celebration will be setting up this weekend across the river at the Canadian Museum of History. From 5 p.m. to 2 p.m. on Friday and Saturday you can enjoy craft beer from across the region plus tacos and poutine. Tickets for each day are \$25 at the door or \$22.50 online in advance. **Friday and Saturday**



4 Snowmen challenge

Ottawa will attempt to break the Guinness World Record for the most snowmen built in one hour at Lansdowne Park on Sunday. From 10 a.m. to 1 p.m. bring the entire family and get building. The event is free but participants are encouraged to raise funds for local mental health organizations. Details and sign-up are at crackup.ca. **Sunday**



4 Learn to curl

Ever wanted to give curling a try? Hurry hard down to Lansdowne Park's outdoor skating rink this weekend for a free curling lesson. The City of Ottawa and the Ottawa Valley Curling Association will be giving lessons on Friday from 4 p.m. to 8 p.m. and Saturday and Sunday from noon to 4 p.m. **All weekend**

5 Health and Wellness Expo

The Ottawa Health and Wellness Expo wants you to be fit, eat right and go green this year. Find out how on Saturday at the Shenkman Arts Centre, where over 100 health and wellness vendors will be on display from 9 a.m. to 5 p.m. There will be a variety of presentations on everything from nutrition, juicing, physiotherapy and naturopathy. Tickets are \$7 and available at the door.. **Saturday**



CITY PLANNING

Public pore over rival plans for LeBreton Flats regeneration



Michael Woods
Metro | Ottawa

They only had a two-day window, but thousands of people showed up this week to scrutinize the two groups vying to redevelop LeBreton Flats.

About 1,900 people crammed into the Canadian War Museum's main foyer to attend presentations Tuesday and Wednesday night, National Capital Commission CEO Mark Kristmanson said.

Another 2,000 visited the exhibition rooms showcasing the massive proposals and met

with the groups; RendezVous LeBreton, backed by Ottawa Senators owner Eugene Melnyk, and Devcore Canderel DLS Group.

"We've never had a public consultation on this level before, so I'm really pleased," Kristmanson said.

The NCC head suggested people's expectations for the competition may have been affected by the media debate kicked off by columnist Andrew Cohen, who decried Ottawa's lack of aspiration in a piece earlier this month.

"That sort of set the stage, and people were saying 'Well,

it's LeBreton Flats, it's just going to be an arena and it's not interesting,'" Kristmanson said. "The expectations for the poor old capital could hardly have been driven lower."

"So I think when this came along, it's fresh and it's exciting and it's obviously at a high level of urbanism," he said. "I think people saw, 'Wow, there's

major investors interested in LeBreton Flats who are willing to finance this huge development.' So I think it got people's enthusiasm going."

The NCC is accepting online feedback on the proposals until Feb. 8 at midnight. As of Thursday morning, it had already received 2,000 comments.

Those comments will all be

compiled into a report that heads to the NCC's five-member evaluation committee. Kristmanson said that report will be made public when it's finished. He said the comments will inform the evaluation process, as well as the NCC's negotiations with the eventual winning group.

Kristmanson said the two teams are already talking about adjusting their visions to take public feedback into account. "To their credit, after the first night of consultations I heard members of both teams in separate conversations basically reacting to the public and say-

ing, 'Well, we could change this or change that,' " he said.

Questions abound about the financial details of the proposals, which are being kept private. Kristmanson said that's because it's a commercial negotiation that will eventually head to the federal cabinet for approval.

"These two teams are at the peak of corporate competition to achieve this, so we have to make sure the fairness of the process is respected," he said.

"But we will make as much public as we can as we go along. I don't think we want to suggest there will be wraps of secrecy around this."



I think when this came along, it's fresh and it's exciting and it's obviously at a high level of urbanism.

NCC CEO Mark Kristmanson

Kanata may pay to squash mosquitos

CITY STAFF REPORT

Special levy proposed to kill buzzing nuisance



Lucy Scholey
Metro | Ottawa

Kanata's pesky mosquito problem has one councillor proposing a special levy to squash the bloodsuckers.

Marianne Wilkinson, who represents Kanata North, has heard an earful of mosquito buzz from her constituents.

"In some areas, they can't use their backyard at all," she said. "They're being bitten alive. One person went out to mow their lawn and said, 'As soon as I start-

ed up the mower, they came out of the grass in hordes.'"

The mosquitos are nuisances in different parts of Kanata North, including Morgan's Grant, which is not near the Kizell wetlands, according to a city staff report that will go before the finance and development committee on Tuesday.

Staff are proposing a biological treatment, *Bacillus Thuringiensis israelensis*, or Bti, that

destroys the stomachs and larvae of mosquitos. It's used in Gatineau and Winnipeg.

The Health Canada Regulatory Agency has already deemed Bti safe for humans, animals and non-mosquito insects, but staff are proposing a three-year research and monitoring program to make sure the mass mosquito squashing does not negatively harm the environment.

"It's just adding to scientific knowledge," said Wilkinson, who developed the program with staff.

The treatment and research, combined, will cost about \$300,000-\$400,000 per year, she said. She drummed up a special levy of about \$35 per household in the problem area to cover the costs.

But, not wanting to impose a special tax on anyone, Wilkin-

son has sent out ballots asking people if they're OK with it. It's not a legal requirement, she said.

The city's finance and economic development committee will also consider the special levy on Tuesday. It's contingent on whether 50 per cent or more of the eligible Kanata North voters approve the levy and it would still need council's approval.

NATIONAL ARTS CENTRE

Ballet explores dark indigenous history

An ambitious ballet production at the National Arts Centre is retelling one of the bleakest chapters in the country's history.

Canada's Royal Winnipeg Ballet has brought its production *Going Home Star — Truth and Reconciliation* to Ottawa this week. It's part of a month-long series of indigenous-focused art and storytelling.

With the support of the Truth and Reconciliation Commission, this ballet explores the horrible effects of the residential school system. Marrying indigenous and non-indigenous cultures is no easy feat, but artistic director Andre Lewis said he wishes it will instill a better sense of the horrors inflicted on indigenous people.

"I felt deep inside, on an artistic level, that it was a story that needed to be told," he said.

Acclaimed Canadian author Joseph Boyden wrote the story about two young contemporary aboriginal people who revisit the stories of their ancestors. Polaris Award winning Inuk throat singer Tanya Tagaq, Juno Award winning composer Christos Hatzis and renowned choreographer Mark Godden are also part of the ballet's star-studded creative team.

"It was important to me to represent the Canadian mosaic," said Lewis. "By working together, I think you're showing the seeds of reconciliation in a microscopic level."

Ballet, he added, has the power to heal in a way that words cannot.

Going Home Star will play at the NAC Friday and Saturday night. Tickets are available at nac-cna.ca. LUCY SCHOLEY/METRO



Liang Xing and Sophia Lee star in *Going Home Star — Truth and Reconciliation*.

SAMANTA KATZ

FARMERS AND THE ENVIRONMENT

Diesel fuel remark clarified

Ontario's new environmental commissioner says she's not trying to target farmers by asking questions about the provincial tax exemption they get on diesel fuel.

Dianne Saxe says the recent climate change talks in Paris focused on ending fossil fuel subsidies, and she raised the farmers' exemption from Ontario's 14.5-cent-a-litre tax on diesel when asked for an example.

Saxe says there may be better ways to use the \$190 million a year that is not col-

lected in diesel tax to treat farmers more fairly, and at the same time do more for the environment.

The Ontario Federation of Agriculture says farmers who thought the commissioner was setting policy were concerned, but it is pleased to hear she wants to work with the sector on finding ways to reduce environmental impacts.

Environment Minister Glen Murray says the government would be leery of adding to farmers' cost of doing business. THE CANADIAN PRESS

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Legal pot could reap \$5B a year

TAXES

Economist's estimate based on curtailing illegal sales

Call it Prime Minister Justin Trudeau's secret stash.

A new report from CIBC World Markets says Canada's federal and provincial governments could reap as much as \$5 billion annually in tax revenues from the sale of legal marijuana.

CIBC economist Avery Shenfeld crunched the numbers using current estimates of Canadian recreational pot consumption, the revenue experience in U.S. states that have legalized, and other factors — such as prevailing “sin tax” rates on alcohol and tobacco.

“The bottom line is that federal (and) provincial governments

might reap as much as \$5 billion from legalization, but only if all the underground sales are effectively curtailed,” writes Shenfeld. “That’s on the order of 0.25 per cent of GDP, no barnburner.”

The Liberal government has promised to legalize, tax and regulate marijuana and has made MP Bill Blair, the former Toronto police chief, the lead on investigating a new regulatory model.

Trudeau maintains that legalized pot will not be a cash cow, and that all revenues will be used to address mental health and addictions issues.

The experience of Colorado and Washington states, where pot sales were legalized and taxed, suggests no dramatic increase in marijuana usage but a potential for pot tourism.

“The desirability of increased marijuana tourism inflows will be questioned, no doubt, but they would generate additional fiscal revenues for government on their other tourist spending,” Shenfeld writes.

The report uses Colorado sales figures to estimate a Canadian pot market worth about \$10 billion annually, then looks at net

“It was never about a money-maker, it was always about public health. Prime Minister Justin Trudeau

“It was never about a money-maker, it was always about public health, public safety,” the prime minister said in December during a year-end interview.

profit margins from Ontario's government booze monopoly and other associated income and payroll taxes to come up with the revenue total. THE CANADIAN PRESS



PATRICK SIMMS VIA FACEBOOK

Tory selfie

1 The nation's former PM, who's dropped off the political map following his electoral defeat, was spotted in the Calgary airport Wednesday. He took a minute to snap a selfie with a passerby who recognized him. Patrick Simms posted the photo to Facebook, saying he knocked (Harper's) phone out of his hand when going to shake it.”

2 Harper is no stranger to selfies.

While not as savvy as the current PM, he's still made the rounds on social media. In this shot from Jan. 30, Harper is pictured with Canada's women's water polo team.



KATRINA MONTON VIA TWITTER

WESTJET

Famed musician ‘outraged’ by airline policy banning cellos



Thandi Fletcher
Metro | Vancouver

A renowned American cellist says he is “outraged” after hearing that WestJet refused to allow a musician's cello in the cabin during a flight from Vancouver, even though he bought

an extra seat for it. Four years ago, Paul Katz says he got the same treatment.

“I get angry,” he told Metro. “I just think WestJet is so indefensible, and their attitude is so cavalier. They’re just so out of step with the whole airline industry.”

Earlier this month, Juilliard School cellist Nathan Chan

attempted to bring his cello onto a flight from Vancouver to Toronto but was refused. The 22-year-old bought his ticket through American Airlines, which allows passengers to buy an extra seat for a cello. When he arrived, however, the flight that was operated by Calgary-based WestJet forced him to leave the instrument behind

with family and forfeit his \$250 US ticket for the extra seat.

According to WestJet, the airline is “not licensed to carry anything in its seats that requires a specialized strap or other device to attach it to a seat.”

But Katz argues that WestJet seems to be one of the only airlines in North America with

such a policy. A member of The Cleveland Quartet, a successful but now defunct chamber orchestra, Katz spent nearly 50 years touring the world with his cello in tow.

At the height of their touring career, he said he took his cello on more than 200 flights a year, mostly without incident.



Cellist Paul Katz CONTRIBUTED

PRIVACY

Electronic spy agency broke law

Canada's electronic spy agency broke privacy laws by sharing information about Canadians with foreign partners, says a federal watchdog.

The Communications Security Establishment passed along the information — known as metadata — to counterparts in the U.S., Britain, Australia and New Zealand, said Jean-Pierre Plouffe, who keeps an eye on the highly secretive agency.

Metadata is information associated with a communication — such as a phone number or email address — but not the message itself.

The CSE uses highly advanced technology to intercept, sort and analyze foreign communications for information of intelligence interest to the federal government.

Documents leaked in 2013 by former American spy contractor Edward Snowden revealed the U.S. National Security Agency had quietly obtained access to a huge volume of emails, chat logs and other information from major Internet companies, as well as massive amounts of data about telephone calls. As a result, civil libertarians, privacy advocates and opposition politicians demanded assurances the CSE was not using its extraordinary powers to snoop on Canadians.

In his annual report for 2014-15, completed last year but made public only Thursday, Plouffe said certain CSE metadata activities raised legal questions. In a statement, Plouffe said he has since concluded laws were broken.

THE CANADIAN PRESS

IN BRIEF

Number of refugees to be accepted remains unclear

While Canadians raise money to sponsor refugees, it's unknown how many privately sponsored Syrians will be accepted. The aim is to bring about 10,000 privately-sponsored refugees by end of next month but by mid-December, the government didn't even have that many applications. THE CANADIAN PRESS

Man reportedly indicted on espionage in China

China's official news agency says a Canadian who was detained over a year ago has been indicted on accusations of spying for Canada and stealing state secrets. Kevin Garratt, formerly of Vancouver, conducted Christian aid work with his wife. THE CANADIAN PRESS



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SOCIAL MEDIA

Mumbai police an online hit

Mumbai police are on a roll.

In the month since they debuted on Twitter, the police and its chief of police have been firing up a storm of pun-filled, witty warnings on abiding traffic rules, on women's safety and even on how to be safe online.

And on Wednesday, the police service's new anti-drug campaign went viral in a string of word play.

"If you roll, we will weed you out," read one tweet that was retweeted thousands of times. Then came: "Be a hero without 'heroin.'"

A couple of hours later there was a cheeky question: "Hi! Have you 'meth' us?" with the hashtag #HoshMeinAao, which means "wake up." One tweet had a picture of white powder on the ground with the letters LSD and the message: "Let's Stop Drugs."

Giddy Twitter users in India gave a thumbs-up to the police service — a rarity in that country.

"Mumbai police account is giving Twitter standup comedians a good run for their money," said one user. Another tweeted: "Ok, Mumbai Police just killed it. The rest of you, go home."

#MumbaiPolice trended on Twitter in India all Wednesday.

In a TV interview, police chief Ahmed Javed said the tweets were proof that all cops are "not square and flat-footed."

TORSTAR NEWS SERVICE



A witty tweet from Mumbai police. TWITTER.COM



A Health Secretary employee fumigates against mosquito Aedes Aegypti mosquito outside houses of Cali, Colombia, on Thursday. The Zika virus is "spreading explosively" in the Americas and the region may see up to four million cases of the disease strongly suspected of causing birth defects, the World Health Organization announced Thursday. LUIS ROBAYO/AFP/GETTY IMAGES

Zika virus spreading at 'alarming' rate: WHO

OUTBREAK

Health experts may declare international emergency

Declaring that the Zika virus is "spreading explosively," the World Health Organization announced it will hold an emergency meeting of independent experts Monday to decide if the outbreak should be declared an international health emergency.

At a special meeting Thursday in Geneva, WHO Director-General Dr. Margaret Chan said the

virus — which has been linked to birth defects and neurological problems — was becoming much more of a threat. One WHO scientist said the Americas could see up to 4 million cases of Zika in the next year.

Chan said although there was no definitive proof that the Zika virus was responsible for a spike in the number of babies being born with abnormally small heads in Brazil, "the level of alarm is extremely high." She also noted a possible relationship between Zika infections and Guillain-Barre syndrome, which can cause temporary paralysis.

"The possible links, only re-

cently suspected, have rapidly changed the risk profile of Zika from a mild threat to one of alarming proportions.

The increased incidence of microcephaly is particularly alarming, as it places a heart-breaking burden on families and communities," Chan said.

The Zika virus was first detected in 1947 and for decades only caused mild disease, but Chan noted that "the situation today is dramatically different." According to the U.S. Centers for Disease Control, the Zika virus is now in more than 20 countries, mostly in Central and South America.

THE ASSOCIATED PRESS

Brazil to wage war on insects

Brazilian President Dilma Rousseff has invited all nations in Latin America and the Caribbean to discuss ways to join forces to cope with the rapid spread of the Zika virus and declared war on the mosquito that carries it.

Rousseff said she was proposing to open up to the other nations at a gathering of health ministers of the regional Mercosur trade bloc.

On Twitter, Rousseff said "We must declare war on the Aedes aegypti mosquito" that carries the virus — a war that will focus on eliminating the insect's breeding grounds until a vaccine is developed.

THE ASSOCIATED PRESS

+ BLOOD BAN

Canada adopts new donor restrictions in wake of virus

Canadian Blood Services will soon refuse blood donations from those who have travelled to countries where the Zika virus has become widespread. Chief medical and scientific officer Dr. Dana Devine says the blood collection agency will decide in the next few days which travel destinations would be linked to a temporary ban.

INVESTIGATION

Probe faults U.S. government for migrant child abuse

Migrant children in the government's care were placed in U.S. homes and left vulnerable to human trafficking due to sometimes non-existent screening by the Department of Health and Human Services, according to a congressional report released Thursday.

The investigation says the department failed to run background checks on the adults in the sponsors' households, failed to visit sponsors' homes and failed to realize some sponsors were accumulating multiple unrelated children, which can be a sign of human trafficking.

Lawmakers contend the government weakened its child protection policies as it was overwhelmed by tens of thousands of children crossing the border from Central America. A Senate subcommittee held a hearing Thursday to release the report and examine weaknesses in the department's placement of migrant children.

At the hearing, HHS officials declined to fully answer many of the senators' questions, at times saying they did not have the legal authority from Congress to follow up on the children.

The investigation by the

+ EUROPE REFUGEE CRISIS

Sweden may expel up to 80,000 asylum seekers

During an unprecedented wave of migration, Sweden on Thursday put into words an uncomfortable reality for Europe: If the continent isn't going to welcome more

than 1 million people a year, it will have to deport large numbers of them. Interior Minister Anders Ygeman said Sweden could send back 60,000-80,000 asylum seekers in the coming years.

THE ASSOCIATED PRESS

panel echoes the findings of an Associated Press investigation that found more than two dozen unaccompanied children were sent to homes across the

country where they were sexually assaulted, starved or forced to work for little or no pay.

Sen. Rob Portman, the Republican chairman of the panel,

says the HHS placement program for migrant children suffers from "serious, systemic defects."

The congressional investigation and hearing are in response to a case in Portman's home state of Ohio, where six Guatemalan unaccompanied minors were placed with human traffickers, including sponsors and their associates.

Lured to the U.S. with the promise of an education, the teens instead were forced to work up to 12 hours a day on egg farms under threats of death. THE ASSOCIATED PRESS

DISNEYLAND

Armed suspects detained

A man who tried to bring two handguns into a hotel at Disneyland Paris was detained Thursday along with his female partner, authorities said. No one was hurt in the incident, and the park remained open after the arrests.

The man, 28, was detained at the New York Hotel, part of the Disneyland complex. The man's motives for trying to enter the hotel with arms were unclear.

THE ASSOCIATED PRESS

Barbie's got new body types

TOYS

Kudos from Canadians for curvy, tall and petite dolls

As a black woman raising her eldest daughter through the mid-'80s and '90s, Samantha Kemp-Jackson found little variety among dolls when it came to different shapes, skin tones and abilities — especially with Barbies.

"It was, for the most part, the stereotypical Barbie with the blond hair and the disproportionate body proportions," recalls the mother of four. "It always made me a bit uncomfortable because as a woman and as a parent I thought: 'What is this teaching my daughter?'"

"If she doesn't conform to what this Barbie looks like, is that going to result in her having issues about herself and her body and not being beautiful? Because Barbie was touted as the ideal representation of beauty in a doll."

With Mattel's announcement Thursday that its iconic plastic plaything will now include tall, curvy and petite



Some of the new Barbies introduced this month. The dolls now come in three new body types: tall, curvy and petite, and in seven skin tones, 22 eye colours. COURTESY MATTTEL/THE ASSOCIATED PRESS

body types, Kemp-Jackson joins other Canadians applauding the move by the toy manufacturer to better reflect diversity among females.

The new additions to the Barbie Fashionista doll range include seven skin tones, 22 eye colours and 24 hairstyles.

The shift comes after years of criticism of Barbie for reinforcing unrealistic body proportions and beauty ideals for girls.

Michael Bach, CEO of the Canadian Centre for Diversity and Inclusion, said he's excited at the prospect of giving a doll to his 2-1/2-year-old biracial niece who can "see herself in it."

The fact that it's Barbie makes it all the more noteworthy given the doll's longevity and status, he added.

"Barbie is an icon. She's been around for 55 years," he said. "This has incredible impact because it is Barbie."

Akram Sharkawy, brand communications marketing manager at Mattel, said the new dolls will be available at stores in Canada at the end of February.

The dolls can be viewed and ordered online at shop.mattel.com.

THE CANADIAN PRESS

MCDONALD'S

Breakfast menu growing

Basking in the fanfare over its all-day breakfast menu, McDonald's is pushing its operational limits by testing the addition of another morning favourite to the lineup: the McGriddle.

The world's biggest burger chain plans to start offering an expanded all-day breakfast menu that adds McGriddle and biscuit sandwiches in 72 restaurants in Tulsa, Oklahoma starting Feb. 1. The test comes after customers complained about the absence of the McGriddle when McDonald's launched a limited all-day breakfast menu in October.

McDonald's is riding high from its biggest quarterly U.S. sales jump in nearly four years, boosted by all-day breakfast menu and unseasonably warm weather.

Despite McDonald's recent sales jump, it's still not clear exactly how all-day breakfast is benefiting the chain and whether the effects will last. The company did not say how much of the increase was from an uptick in customer visits, versus factors like price hikes or people adding extras onto their orders.

THE ASSOCIATED PRESS

Start teaching kids early about money: Experts

Talking about money might not be considered the polite thing to do, but experts say when it comes to talking about money with children, the earlier the better.

Gary Rabbior, president and chief executive of the Canadian Foundation for Economic Education, suggests children as young as three or four can start learning some of the basics about money.

One of the earliest and most important lessons children can

learn is that every decision you make with money involves a trade-off.

"Part of the parenting dilemma which starts at a very young age is, how do you tell a kid they can't have everything they want?" Rabbior says.

"When you buy something

or make a decision about one thing, you're giving up the opportunity for something else and we really advocate that as one of the most early learning experiences because that concept of trade-offs helps kids understand they can't have everything they want."

Learning to distinguish the difference between needs and wants is a key lesson for children and even parents who may be struggling to stick to a household budget.

Natasha Nystrom of the Financial Consumer Agency of Canada says once children start counting, it may be time to begin introducing some of the concepts about money, including the different coins and bills and what it means to spend them.

"If you're making your grocery list, you can involve them in that," says Nystrom, a spokeswoman for the agency.

"If you're looking at flyers to save money on some of the items on your grocery list, you can involve them so that they can help you cut out some of the coupons that might help you save some money."

Nystrom says an allowance can help kids learn how to save for a toy they want.

THE CANADIAN PRESS



Part of the parenting dilemma ... is how do you tell a kid they can't have everything they want?

Gary Rabbior

ECONOMY

CIBC downgrades outlook for Canada

One of Canada's big banks is cutting its economic forecast for the country for a second time in a matter of weeks.

CIBC World Markets is now estimating the country's gross domestic product will grow by only 1.3 per cent this year, after adjusting for inflation.

That's down from its previous forecast last month of 1.7 per cent growth in GDP.

CIBC chief economist Avery Shenfeld says a major concern is global investor sentiment, which has resulted in lower stock prices, changes on the

bond market and a buildup of cash in Canadian households.

But Shenfeld warns against an "overdose on pessimism."

A report by other economists in the same CIBC report said they expect a modest increase on commodity prices next year, following a "bit better" economic growth in 2016 and 2017 and reduced supplies of some commodities.

The decline in global prices for oil and other commodities produced by Canada was a major reason for CIBC's previous economic downgrade for

the economy, released in December.

"It's unusual for us to want to reconsider a full-year outlook that we published only a month ago, but then again, these are unusual times," Shenfeld said in the forecast released Thursday.

"While the country's GDP is less heavily weighted to resource sector spending than it was a year ago, we're only in the early stages of the negative spillover effects on other sectors."

THE CANADIAN PRESS



Avery Shenfeld, CIBC chief economist TORSTAR NEWS SERVICE

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ROSEMARY WESTWOOD

metroview

Anger alone can't fix what ails La Loche. But it would help.

Not worth the money.

That's how Cindy Blackstock described the Canadian government's attitude toward indigenous children.

As the director of the First Nations Child and Family Caring Society, she's been at the centre of a nine-year battle that culminated Tuesday with the Canadian Human Rights Tribunal's ruling that the federal government discriminates against indigenous children.

The tribunal found reserves receive 22 per cent to 34 per cent less child welfare funding than everyone else. It slammed the government over the high proportion of indigenous children in foster care (nearly half of those under 14 years old, according to the 2013 National Household Survey).

The ruling addresses a fraction of the scandal that is indigenous people's living conditions. There's a lack of clean water and quality housing; indigenous youth suicide rates are at least five times higher than the national average.

All these issues have surfaced in the media in the wake of the La Loche shooting, prompting concerns over negative, one-sided depictions of remote communities. La Loche's former mayor and current MP Georgina Jolibois said the town's social ills are not to blame for the shooting. "Unfortunately it had to happen here, but it is a Canadian

experience," she said.

That may be true, but it's never a bad time to put a spotlight on systemic suffering, especially when it's of such a magnitude that Blackstock can credibly dub it "our Mississippi... the same racial discrimination that we saw in the United States against African Americans." In fact, she added, it's worse.

And I'd agree, in one way: While the U.S. has and continues to obsess over its racism, we are not getting nearly angry enough.

Take Flint, Michigan. Americans have been consumed by the story of the majority-black city's lead-poisoned water. No doubt some Hollywood director already smells Oscar bait. Meanwhile, our own unsafe-drinking-water scandal threatens to become an overlooked independent documentary.

Prime Minister Justin Trudeau is right to travel to La Loche today, because outrage over the deadliest school shooting in our history and its causes could easily fade to a whimper. As he does, Blackstock will be pushing for an estimated \$200,000 yearly investment in on-the-ground change for indigenous kids. It's an old story, this racism, as old as this country. So is America's, where the outrage burns far hotter.

Anger can't solve problems on its own. But nothing will change without it.

METRO CALL TO ACTION

Rainbow-coloured #PrideTape

Somewhere over the rainbow, hockey could be a more open-minded sport. What if an inspiring show of inclusiveness by one NHL team became a national movement towards greater acceptance of LGBTQ people in team sports? Let's make it happen.

Sticking it to prejudice

Last week, the Edmonton Oilers rainbow-taped their hockey sticks for their annual skills competition, to show support for LGBTQ youth. The idea came from another Edmontonian — Kris Wells — who's created Pride Tape in an effort to make Canada's beloved sport a safer space for all who love the game.

Wells, a professor at the University of Alberta, notes there are still no out players in the NHL, and that for inclusiveness to sweep through hockey, the message has to come from the top.

"Change is going to take captains, coaches and community members stepping forward," Wells said. "Pride Tape says, without having to say the words, that 'I'm an ally.'"

A movement is made

Pride Tape is an initiative of the Institute for Sexual Minority Studies and Services at the University of Alberta, which has a Kickstarter campaign underway to

make 10,000 rolls of the rainbow-coloured tape. The Oilers Community Foundation made an \$8,000 donation to the campaign and players also had it on their sticks Sunday.

Hometown pride

The Ottawa Senators, too, have a history of being welcoming to the gay and lesbian community. During the intermission of a 2012 game against the Toronto Maple Leafs, a woman proposed to her girlfriend on the ice (she said yes).

We think all of Canada's pro and amateur hockey teams should get on board with Pride Tape. If you agree, share this story online and post on social media: #PrideTape



Oilers defenceman Andrew Ference and the rest of the team pledged support to Pride Tape on Sunday. RYAN TUMILTY/METRO

What reconciliation looks like in real life



Genna Buck
Metro | Toronto

The Truth and Reconciliation Commission calls on the federal government to close gaps in education, employment and health outcomes between Aboriginal and non-Aboriginal Canadians.

I've been thinking about how those gaps can be identified and closed. How to improve, concretely, the lives of indigenous people, with those communities' full participation, and with respect for their heritage, knowledge and right to self-government.

To get an idea of how this can be done, in a way that is guided by scientific evidence, look at Oklahoma.

That U.S. state is home to the Cherokee Nation, which suffers a disproportionately high rate of cancers related to tobacco use. The University

of Oklahoma began working with the Cherokee to address this issue, and the National Institute of Health helped out to the tune of \$1.5-million.

Cherokee people themselves will be monitoring cancer cases and their outcomes from the nation's in-house health-research office.

The general goals are finding interventions to reduce cancer, and helping the office develop research capacity. According to Paul Spicer, an anthropologist and the lead researcher on the project, a joint committee — half Cherokee, half from the university — is setting the research agenda, and many of the research assistants are Native American.

This is extremely exciting. It's ground-up, but still science-based. I can imagine a similar approach being used to address issues from early childhood education to the management of fish stocks.

It doesn't seem that hard.

Why aren't we doing it in every indigenous community in Canada? I asked my friend Rebecca Benson, who is Haudenosaunee and a young professional with a deep understanding of the social problems in indigenous communities.

She was positive about research-based problem-solving, but she had a word of caution. We don't have a single indigenous community with anywhere near the population and clout of the Cherokee Nation's 300,000 people. Many, though not all, Canadian reserves are in a chronic state of crisis, she said. An ambitious collaborative science project isn't realistic when hunger is rampant and there's just been a cluster of youth suicides.

It seems to me that there aren't the human resources available, in many cases, to have a collaboration where the local indigenous people and scientists are on truly equal

footing.

And when the majority of the researchers are not part of the community, the thorny issue of consent becomes all that much more important.

That's what Benson emphasized most: The need for indigenous groups to give their consent for research in their communities and on their lands. Not cursory, one-time consent, but continuous consent, with the option to withdraw if they decide the research isn't benefitting them.

There is participatory research going on in indigenous communities in Canada, but as reconciliation efforts begin in earnest and we try to close those gaps, there needs to be more. And if it's based on evidence, it has a shot of working.

Genna Buck is a science writer and a section editor at Metro. Follow her on Twitter @genna_buck.

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The Kung Fu Panda series of films are well-loved by audiences around the world. Inset: Kung Fu Panda 3 directors Jennifer Yuh Nelson and Alessandro Carloni. CONTRIBUTED

Riding the wave of Po-pularity

IN FOCUS

Directors love their star of Kung Fu Panda

Richard Crouse
For Metro Canada



It's all about Po, don't you know.

When I ask Kung Fu Panda 2 and 3 director Jennifer Yuh Nelson how she feels about being one of the highest grossing female directors of all time, she demurs and gives all the credit to her star.

"I think it is a testament to

how much people like Po and like these films. There is such a huge fan base it is really flattering to have been helming something that huge."

Alessandro Carloni, her directing partner on Kung Fu Panda 3, adds, "I think it will be fair to assume this will be the highest grossing movie ever to be directed by a Korean woman and an Italian man."

For the uninitiated, Po is the clumsy giant panda that became an improbable hero, dumpling-eating champion and kung fu master in the first two movies. Voiced by Jack Black, in the new film he is reunited with his biological father Li Shan (Bryan Cranston) who takes his son

MOVIE RATINGS by Richard Crouse

Kung Fu Panda 3 ★★★★★
The Finest Hours ★★
JeruZalem ★★★

HOW RATING WORKS
★★★★★ SEE IT
★★★★ WORTHWHILE
★★★ UP TO YOU
★ SKIP IT

back to the Panda Village so the youngster can learn about himself, become a Chi master and do battle with Kai, a supernatural bull villain played by Oscar winner J.K. Simmons.

Both directors have great affection for Po and understand why audiences have fallen in love with the character.

"We love how enthusiastic he

is, how geeky he is, how much passion he has," says Alessandro. "One thing I have heard someone say is often there are movies where the side cast steals the show because they are the most fun while the central character is the straight guy. But we made a movie around a goofball and everybody else are the straight characters. He is the one who

steals the show. When Po is on screen you will love him."

"He has got so much enthusiasm and is basically wishing for something that is bigger than him," says Yuh. "Something he is not able to achieve and yet he perseveres. That's why we root for him because we've been there. Everyone has been there where there is something you wish you could do but don't have the means to do it and yet you keep on going. You have to root for that."

The pair have been with Po for a long time. Yuh was head of story and the action sequence supervisor on Kung Fu Panda before taking over the reins for the second film. Carloni worked

on the first film as animation supervisor and story artist on part two.

Their almost 10-year journey with Po has been shared with Jack Black, who was the model for the character.

"He's very unique in that he's so funny but underneath the funny he's got so much heart," says Yuh of Black.

"He's not somebody you laugh at, you laugh with him. You root for him and that is very rare. Usually you have these more jaded guys that are funny and you laugh at them when they fall on their face. But you feel bad for this guy when he falls on his face. I think that just leaks out of his performance."

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4

SUNDANCE FILMS ON MASS SHOOTINGS AND FIREARMS

Gun violence was on the minds of more than a few filmmakers this year — the ongoing issue was the main subject of four new films at Sundance. “Those films stood out to us because of the way they were made and the power within them,” said Trevor Groth, the festival’s director of programming. Here’s a look at how the three docs and one movie tackle the subject of guns in America. **THE ASSOCIATED PRESS**

1 Newton

Director Kim Snyder goes deep into the community of Newtown, Conn., in the aftermath of the Sandy Hook Elementary School shootings where 20 children and six educators were murdered.

In her documentary, Snyder explores the lives of those affected by the tragedy — the parents of children who were killed, parents of children who survived, Sandy Hook teachers, local law enforcement, religious leaders, and even a volunteer EMT.

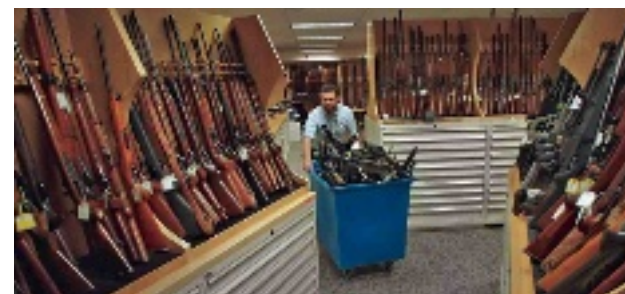
“I didn’t really have any big agenda,” Snyder said, other than showing the community truthfully.

“But, as (Sandy Hook parent) David Wheeler says, the people who have the most motivation to allow that intrusion of a camera are people who, as he said, feel compelled to say something or do something that might prevent another town or family from having to go through this.”

**2 Under the Gun**

Katie Couric and director Stephanie Soechtig (Fed Up) returned to Sundance with a sweeping overview of guns in America — melding jaw-dropping stats (like how gun stores outnumber Starbucks and McDonald’s combined in the U.S.), historical perspective (how the NRA used to stay out of politics), and emotional accounts from the families of the deceased (including mothers in Chicago and the brother of a girl killed in Aurora). They also speak to a variety of pro-gun advocates, from those who support background checks to those who scoff at the idea.

“Even people who’ve been immersed in this issue for years told us they learned some things from the film,” Couric said. “I was surprised how the NRA’s tentacles spread so far and wide and how the organization has its fingerprints on so many things.”

**3 Speaking is Difficult**

Speaking is Difficult may never be finished. The short documentary is a living film, meaning every time there is another mass shooting, director AJ Schnack and his team will update it. He’d submitted a rough cut of the film to Sundance months ago and had to update it twice since then as new events occurred.

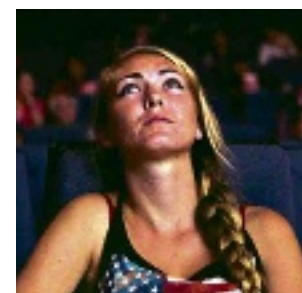
Schnack’s film shows the locations of the shootings, as they exist now, overlaid with 911 calls from the event.

“It’s becoming almost a ritual where an event happens, there is a level of outrage for a few days and then as it gets further away it recedes and we go through it again,” Schnack said. “The events were starting to become like echoes of previous events.”

Schnack found the now-normalcy of the settings quite striking. “A lot of the locations have returned to being the same place — a restaurant, a salon, a school,” he said. “People walk past as if nothing has happened.”



BORNE OUT OF FRUSTRATION
Director AJ Schnack believes the multiple films were borne out of frustration and a feeling of powerlessness.

**4 Dark Night**

Dark Night is the sole narrative feature in the bunch, and deals with a mass shooting in a Florida suburb. The not-so-oblique title references the Aurora, Colo., massacre of 2012 during a midnight screening of The Dark Knight Rises.

“It starts with the massacre in Aurora,” director Tim Sutton said. “There was something that happened to the movie theatre that day. The movie theatre became unsafe. It became corrupted, possibly forever. I felt as a filmmaker a responsibility to try to touch on this theme.”

GUNS ARE A BIG ISSUE

“Guns, of course, are a big issue,” said Sundance founder Robert Redford. “It’s not just going to sit there because the deaths keep com-

ing. It’s going to keep rising up and rising up and it’s going to get heated and I think there will be some resolve of some kind. I think it’s time.”

JEREMY HOTZ

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San Antonio's culinary Pearl



Gastronomical delights abound in San Antonio, like fresh croissants from Bakery Lorraine; toasted cauliflower with romesco from Supper; and fried snapper throats from Southerleigh.

HEADING SOUTH

Eat your way through this district jewel

Kate Hobson
For Metro Canada

Pearl District is a gem in the otherwise sprawling city of San Antonio, Texas, providing a cosy pocket where history, luxury and inviting fare come together. The once industrial area home to the Pearl Brewery has been restored and re-developed into a thriving culinary hub now home to many

chef-driven restaurants and the Culinary Institute of America. Situated along the northern reach of the San Antonio River, the transformed Pearl District entices both locals and visitors to the area.

Hotel Emma
A warm wood burning outdoor fireplace and friendly staff draw you in and welcome you on arrival at this beautifully restored space that is now Hotel Emma. The design centres around the philosophy of repurposing industrial space into an atmosphere that makes you feel at home while also paying tribute to the history of the location: The Pearl Brewery. This

boutique hotel offers some intriguing amenities including a library, rooftop pool, a culinary concierge and an in-room “ice-box” filled with farmers market treats and local libations.

Supper
Inspired by the idea of “supper,” the unfussy menu is perfect for a gathering of friends for a light, informal evening meal. Vegetables and meat alike are smoked on the hickory grill for added depth of flavour. The salt and vinegar Brussels sprouts are caramelized and tender. The grilled beef ‘Santa Maria’ with fresh tomato parsley and garlic chimichurri is bright and flavourful. The

perfect finish is the ricotta seada with a hint of fennel, pickled blackberries and sprinkled with refreshing bits of celery.

Southerleigh
Southerleigh’s menu is rich with fresh seafood. The fried snapper throats are a visually impressive dish stacked high on their colourful tray and these incredibly meaty and tender fish throats don’t disappoint taste-wise. Their take on devilled eggs, topped with a hunk of bacon and onion marmalade, is sweet, savoury and

addictive. Fourteen rotating small-batch craft beers are offered on tap — something to quench everybody’s tastes.

Bakery Lorraine
Bright, airy and bustling with people, Bakery Lorraine is a popular brunch and breakfast spot. Sit and enjoy one of their breakfast sandwiches like the croque madame layered with ham, gruyere and a poached egg on grilled sourdough or take some delicious pastries and coffee to go. If you want to experience some nostalgia, try their housemade strawberry

poptarts topped with macaroon crumbles.

Nao
Explore the cuisine and culture of Latin America at Nao Gastro Bar and enjoy signature dishes from a dozen different countries. At lunchtime you will experience unique twists on classic dishes that are the creations of the students of the Culinary Institute of America. In the evening professional staff take over and more Latin American cuisine ensues. The menu is frequently updated to reflect seasonally available items so you are sure to have something new, fresh, and exciting.

ON THE WEB
For more information, head to visitsanantonio.com

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TRAVEL HACKER GUIDE

Kayak dubs Barcelona most 'viral' 2016 locale

According to a new guide, Barcelona is predicted to become the most viral (meaning trendy) destination in 2016, while there's no better time to score an airfare deal to Hong Kong.

Those are among some of the travel tips offered on Kayak's new 2016 Travel Hacker Guide, created to inspire consumers and help them plan and book their holidays this year.

Top 10 lists were compiled after converting data from the more than one billion annual travel searches on the Kayak search engine.

In the category of trending destinations, analysts saw a 27 per cent spike in flight searches for Barcelona in 2015, compared to the previous year.

Travellers who have always wanted to go to Hong Kong, meanwhile, will want to take advantage of reduced airfares, as flights from North America dropped 26 per cent last year compared to 2014. With tumbling oil prices, the trend is predicted to continue in 2016.

AFP



Barcelona is predicted to become the most viral destination of 2016, followed by Madrid. ISTOCK

+ TRENDING FOR 2016

Kayak's top 10 viral destinations:

1. Barcelona
2. Madrid
3. Kona, Hawaii
4. Tokyo

5. Bangkok
6. Amsterdam
7. Milan
8. Dublin
9. Manila
10. Athens

+ TRAVEL NOTES TRANSFORMERS, TRAINS AND TRADITION

Transformers theme park set to open in China in 2017

U.S.-China based film studio DMG Entertainment and toy manufacturer Hasbro have signed a deal to create Transformers Live, according to the Hollywood Reporter. This will be an enormous theme park with live shows and is expected to open in China in 2017 at an undisclosed location. DMG and Hasbro will reportedly build a 4,500 capacity arena for the shows featuring the iconic robots. AFP



Optimus Prime in Hong Kong. PHILIPPE LOPEZ/AFP

Venice kicks off parade of carnival season events

Falling February 9 in 2016, Shrove Tuesday — otherwise known as Mardi Gras — sees carnival fever takes its hold. Venice puts normal life on hold for its annual carnival, as it has for almost 1,000 years. The Venice carnival is famous for its masks, traditionally worn to remove any notion of social class during the celebrations. The theme for the 2016 edition is Creatum introducing Arts and Traditions. AFP



The Venice carnival runs to February 9. AFP

Mumbai travellers log on as Google starts train station Wi-Fi

Google has begun offering free Wi-Fi to Mumbai train passengers in hopes of boosting its role in the Indian market. Free Wi-Fi is rare across India. With more than 23 million people riding Indian railways every day, Google said free Internet will give high-speed access that many can't afford. It also hopes to diversify India's user base. THE ASSOCIATED PRESS



Google brings Wi-Fi to trains. THE ASSOCIATED PRESS

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Dali and Disney: a surreal friendship



COLLECTION OF THE DALI MUSEUM

ST PETERSBURG, FLA.

New exhibit shows collab between artist and animator

Visitors to a new exhibition at The Dali Museum in St. Petersburg, Fla., won't just be looking at art. Thanks to virtual reality, they'll be exploring a Dali painting in a dreamy, three-dimensional world that turns art appreciation into an unforgettable, immersive experience.

The new exhibition, Disney and Dali: Architects of the Imagination, tells the story of the relationship between Salvador Dali, the surrealist artist, and Walt Disney, the great American animator and theme-park pioneer. But the museum exhibition's highlight comes after visitors have seen the Disney-Dali show's paintings, story sketches, correspondence, photos and other artifacts. As visitors leave the exhibition area, they'll be invited to don a headset to try the virtual reality experience.

Called Dreams of Dali, the VR experience takes viewers inside Dali's 1935 painting Archeological Reminiscence of Millet's Angelus. The painting depicts two towering stone figures along with tiny human figures in a bare landscape with a moody



Salvador Dali and Walt Disney in Spain in 1957. A new exhibition at The Dali Museum is dedicated to the relationship between the two men. DALI MUSEUM/WALT DISNEY FAMILY FOUNDATION/DISNEY

sky. Users can move around inside the painting, using Oculus Rift headsets to navigate a trippy three-dimensional environment that includes motifs from other Dali works like elephants, birds, ants and his Lobster Telephone sculpture. Accompanied by a haunting piano soundtrack punctuated by bird cries, the VR visuals also include a crescent moon, a stone tunnel and even an image of rocker Alice Cooper, whom Dali featured in a hologram he created in 1973.

Disney and Dali met in the 1940s in Hollywood, according to museum director Hank Hine. "Their sensibilities were very connected," Hine said. "They wanted to take art off the palette, out of the canvas and into the world."

The exhibition looks at the castle motif that became a symbol of Disney parks, along with Dali's Dream of Venus pavilion from the 1939 World's Fair, which some consider a precursor of contemporary installation art.

Disney and Dali also collaborated on a short animated movie, Destino, that was eventually completed by Disney Studios. The six-minute movie, which can be found on YouTube, features a dancing girl with long dark hair, a sundial motif and a song with the line, "You came along out of a dream. ... You are my destino." Clips will be played within the gallery for the Disney-Dali exhibition and the full short will be shown at the museum's theatre.

THE ASSOCIATED PRESS

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SPOTLIGHT OTTAWA

City the capital of fun during the winter

Skating, sledding and, of course, Winterlude

The National Capital Region is ripe with fun — and often free — winter activities for the entire family.

Skating on the Rideau Canal Skateway is the most quintessential winter activity in the nation's capital. Every year, this UNESCO-designated National Historic Site of Canada turns into the world's largest, naturally frozen skating rink. The skateway averages 900,000 visitors every winter.

The city also boasts dozens of approved sledding hills — each listed with individual notes and conditions — on the City of Ottawa website.

For those seeking even more of a downhill thrill, the area offers a number of ski hills within easy driving distance of the city,

including Mount Pakenham, Camp Fortune, Mont Cascade, Mont Ste-Marie, Ski Vorlage and Edelweiss.

The region also boasts plenty of trails for cross-country skiers and snowshoers. On top of the 150 kilometres of trails throughout the Greenbelt, there is also more than 250 kilometres of groomed trails across the Ottawa River in Gatineau Park, as well as 10 shelters, where skiers and snowshoers can warm up by the fire.

Sleigh rides are also a great way to enjoy winter in Canada's capital. There are a number of area farms and ranches that offer winter sleigh rides, including Stanley's Olde Maple Lane Farm and the Fallowfield Tree Farm.

— Jen Traplin

DON'T MISS THESE WINTER EVENTS

Winterlude
Jan. 29 to Feb. 15
winterlude.ca

The 38th edition of the National Capital's celebration of winter, Winterlude, includes ice sculpture competitions, giant snow slides and skating on the Rideau Canal Skateway.

TD Ottawa Winter Jazz Festival
Feb. 4-7
ottawajazzfestival.com

The TD Ottawa Winter Jazz Festival takes over the NAC Fourth Stage for four days this February, featuring jazzy per-

formances by Petr Cancura, Lynn Miles, the Mike Murley Trio, Carol Welsman and more.

Gatineau Loppet
Feb. 26-28
gatineauloppet.com

Canada's largest cross-country ski event brings together some of the best distance racers from Canada and the world. There are a number of distance races in the classic and freestyle categories open for registration, in addition to the Gatineau Loppet Challenge.



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Betroffenheit © Wendy D



CONTRIBUTED

A DANCING PARTNERSHIP

Renowned Vancouver-based artists, choreographer Crystal Pite (Kidd Pivot) and actor/playwright Jonathon Young (Electric Company Theatre), have joined forces to create what is one of the most innovative and powerful theatre-dance collaboration in Canadian history.

Jonathon Young's personal story of trauma and loss — his own *betroffenheit* — is at the heart of this venture. German for extreme shock or distress, *Betroffenheit* touches on the powerful themes of loss, addiction and recovery. It is a masterwork that is personal and universal, theatrical and incredibly moving, filled with sublime dance, touching and lyrical text, and dramatic effects.

With a team of talented performers and artistic collaborators, Crystal Pite and Jona-

INFORMATION

Kidd Pivot + Electric Company Theatre
Betroffenheit
Feb. 12-13
National Arts Centre Theatre
Tickets from \$25

thon Young have built a dark yet captivating universe where contemporary dance and theatre become one hybrid creation. *Betroffenheit*, which premiered at PANAMANIA in July 2015, begins its Canadian tour on Feb. 12 at the National Arts Centre, one of the many proud co-producing partners of this project.

Mudmen renew Ottawa love affair

The list of accomplishments by Canadian Celtic rockers Mudmen over the past two decades is impressive, to say the least.

Since the band's inception in 1998, they have released eight studio albums and performed more than 2,500 shows, including high profile appearances at the NHL's Edmonton Oilers reunion for the 1983-84 Stanley Cup team and a three-month tour with Juno Award winner Johnny Reid.

They've opened for ZZ Top, The Dropkick Murphys and Nickelback. They've also had two televised performances on Parliament Hill for Canada Day, which led to a meet and greet with Queen Elizabeth, and have rubbed shoulders with some of the biggest names in the country.

"We've hung out with quite a few Canadian celebrities," says founding band member Sandy Campbell, reflecting on the past 18 years. He lists Wayne Gretzky, Eugene Levy, Martin Short, Paul Shaffer, William Shatner, The Guess Who and Gor-

MUDMEN

Where: Shenkman Arts Centre | Harold Shenkman Hall

When: Saturday, Feb. 6 at 8 p.m.

Tickets (all-in price): Regular \$29, Students \$5 to \$20

For tickets and additional info, visit shenkmanarts.ca.

don Lightfoot as just a few examples.

"The band and I have so many stories from over the years that it makes life exciting."

In quintessential Canadian fashion, Mudmen also played on a version of the CBC's 'Hockey Night in Canada' theme song for a handful of years and even formed a special bond with two of the country's most beloved hockey broadcasters.



CONTRIBUTED

"Ron MacLean and Don Cherry have been really generous with us," Campbell says. "Ron is the best. I don't know how many times that guy has given us a plug."

Mudmen also have a special relationship with the Nation's Capital. On top of the Parliament Hill performances, the group has played at Barrymore's Music Hall, Zaphod

Beeblebrox, the Governor General's Awards at the NAC, as well as Winterlude, SnowJam and a private party for former Governor General Michaëlle Jean.

"Ottawa has been good to us," admits Campbell.

Mudmen return to Ottawa for a performance at Shenkman Arts Centre next week.



Discover More Music

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Mudmen
FEBRUARY 6, 2016 - 8 P.M.



Classic Albums Live: The Beatles – Let It Be
FEBRUARY 20, 2016 - 8 P.M.



Café Classico – Silf String Quartet
MARCH 6, 2016 - 1 P.M.



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with Special Guest **Paul Reddick**
MARCH 11, 2016 - 8 P.M.



Dala
MARCH 18, 2016 - 8 P.M.



Holly Cole
APRIL 2, 2016 - 8 P.M.

FAMILY



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FEBRUARY 20, 2016 - 4 P.M.



Dr. Seuss' The Cat in the Hat
FEBRUARY 27, 2016 - 2 P.M. & 4 P.M.



Kinderconcert – Stradivarius' Secret
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Jan. 29 - Feb. 15

ByWard Market BLIZZARD

Snow'Art

Snow Sculptures in the ByWard Market, Various locations



1st Annual ByWard Market Server Games

Clarence Street, Sunday, Jan. 31, 1 p.m. - 4 p.m.

Teams from ByWard Market restaurants, bars, and cafés compete for the title of server champions!



25th Annual Stew Cook-Off

55 ByWard Market Square, Friday Feb. 5, 11:30 a.m. - 2 p.m.

All you can eat stew for \$10 at the door!

All proceeds going to charity



Stew Cook-Off Weekend Edition

At participating ByWard Market restaurants

Friday Feb. 5, 5 p.m. - 9 p.m., Saturday Feb. 6 noon - 4 p.m.



ByWard Beats

ByWard Garage, 70 Clarence Street loading bays

Fridays and Saturdays during Winterlude

Jan. 29 and 30, Feb. 5, 6, 12, and 13, 7 p.m. - 10 p.m.

Shake off the cold and get into the groove with local DJs in this urban space!



Family Day & Hot Chocolate Tasting

Monday, Feb. 15

The ByWard Market is open for Family Day!

Try out our hot chocolates & vote for your favourite
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More Winterlude events and specials in the ByWard Market:

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www.byward-market.com

3,100 parking spaces in the ByWard Market



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ByWard heating up during Winterlude

Lots to do in historic neighbourhood

Winterlude has officially taken over the Nation's Capital and, in the centre of it all, the historic ByWard Market offers plenty to do.

One of the highlights of Winterlude in the Market is the Annual Stew Cook-Off. This year marks the 25th anniversary of the popular event which, traditionally, has been held during the Friday lunch hour but has now been expanded.

"For the people who can't visit us during the lunch hour, they will be able to sample stews on the Friday evening and the Saturday afternoon," says Jasna Jennings, executive director of the ByWard Market BIA. "This is a way to share this experience over the course of a whole weekend, especially in honour of the 25th anniversary."

The list of celebrity judges this year includes Ottawa Police Chief Charles Bordeleau and Ottawa Redblacks quarterback Henry Burris.

For a bit of silliness and fun, check out the ByWard Market Server Games, an offshoot of a classic Winterlude event.

"They used to have a server games competition on the Canal — they had to skate around tables with trays, bed races, all that

stuff," Jennings explains.

"It was one of the biggest events at Winterlude, but they haven't had that for many years so, we thought, what better place to bring that back then the ByWard Market with all of the variety of restaurants and bars that we have."

The event will take place on Sunday, Jan. 31 from 1 to 4 p.m. on Clarence Street and

will feature silly games like transferring empty beer bottles between cases while wearing huge ski mitts and racing around kegs while carrying a tray and wearing snowshoes.

Of course, Winterlude wouldn't be Win-

terlude without the giant snow sculptures. Take your picture with one of four sculptures featured throughout the ByWard Market, including one that is part of the program at the Ottawa School of Art.

Top of the World will also be on hand with snowboard demonstrations and tips for kids. In the evenings, ByWard Beats offers live DJs and hot apple cider.

The ByWard Market is also open, as usual, on Family Day, the final day of Winterlude. For more information, visit byward-market.com.

"IT WAS ONE OF THE BIGGEST EVENTS AT WINTERLUDE, BUT THEY HAVEN'T HAD IT FOR MANY YEARS."

— Jasna Jennings, on Server Games



The cast of Ottawa Little Theatre's production of *One Flew Over the Cuckoo's Nest* rehearses before opening day. CONTRIBUTED

Meaningful play no little production

Latest offering provides important message

Though it's more than 50 years old, few stories are as timeless and well-received as *One Flew Over the Cuckoo's Nest*.

Often regarded as one of the greatest novels of our time, *One Flew Over the Cuckoo's Nest* was written by Ken Kesey and published in 1962. Set in a psychiatric hospital in Oregon, Mass., the story centres around a criminal who fakes insanity to get out of a prison sentence. The book was adapted into a Broadway play in 1963 and, by 1975, it had been made into a film (starring Jack Nicholson), which went on to win five Academy Awards.

Based on its success in all three formats, it's clear the story adapts well from novel to play to film.

"Because of its core messages, the story translates very well," says Tom Taylor, director of the upcoming production of *One Flew Over the Cuckoo's Nest* at the Ottawa Little Theatre.

"I think that's its strength. *Cuckoo's Nest* is a story that draws us into the lives of each of the characters, whether they are the staff or patients in the mental institution."

Taylor says, unlike the novel and film, the theatrical production includes a key difference.

"There is a very important character in a play that does not appear in any movie

ONE FLEW OVER THE CUCKOO'S NEST

When: February 23 through March 12, 2016

Matinee: March 6, 2016

Where: Ottawa Little Theatre (400 King Edward Ave.)

Tickets: Adults \$25, Seniors (60+) \$22, Students \$12

For tickets, visit Box Office or ottawalittletheatre.com

version of the same story and this character makes all plays fundamentally different from movies; a live audience," he explains. "The same goes for the *Cuckoo's Nest*. When the curtain rises, it's an invitation for our audience to cry and laugh, to argue and struggle."

Though the story draws heavily on the relationships between the patients and staff of the mental institution, Taylor believes there is a deeper message to it all.

"It challenges you to look at the exercise of power in society, particularly when one side of the social equation is significantly weaker than those in authority."

One Flew Over the Cuckoo's Nest

By Dale Wasserman

Based on the book by Ken Kesey



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Feb. 23 - Mar. 12

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Teams are playing it safe with their marquee players

NHL

Caps, Hawks set up stretch run by resting their stars

A one-game, slap-on-the-wrist suspension isn't enough to stop NHL teams from keeping their banged-up players out of all-star weekend.

The league said Thursday that Chicago captain Jonathan Toews won't participate in all-star festivities in Nashville after he left a game this week with an illness. That came one day after the Capitals' Alex Ovechkin pulled out of all-star weekend with a lower-body injury that the team said has been bothering him since November.

Ovechkin and Toews by rule are suspended for the first game after the all-star break, the same punishment the Pittsburgh Penguins accepted last year with Sidney Crosby. The NHL's rule was first used in 2009 against Detroit Red Wings stars Nicklas Lidstrom and Pavel Datsyuk, and now it has been levied against five of the league's top

players.

More teams are opting to play it safe.

"We had to make a conscious decision on that," Washington coach Barry Trotz said. "That's the rules. You've seen other teams make that decision. I was out West, and Detroit's made that decision a few times. The ultimate goal for us is to go deeper than we did last year, so sometimes you have to make those decisions. We made it. And we'll just deal with it."

Ovechkin and Toews have each appeared at a handful of all-star games, and the price of missing a Feb. 2 game is insignificant compared with potential long-term ramifications. Blackhawks physician Michael Terry said Toews left Chicago's game Tuesday with an illness and was symptomatic again Thursday, so he believes "rest over the

break is most important for him to properly recover and be fully healthy heading into the rest of the regular season."

The Capitals are atop the NHL standings as the best team in the Eastern Conference, and the defending Stanley Cup champion Blackhawks are the best in the West at the break.



I have to get ready for the rest of the year ... I don't want to miss important things.

Alex Ovechkin



Jonathan Toews, bottom left, and Alex Ovechkin, top left, will not play in the all-star tournament despite being prominently displayed outside of Nashville's Bridgestone Arena.

MARK HUMPHREY/THE ASSOCIATED PRESS

Washington will still have three all-stars, as fellow Russian Evgeny Kuznetsov will replace Ovechkin and join centre Nicklas Backstrom and goaltender Braden Holtby in Nashville. The host Predators now have four

representatives, since Toews' replacement is winger James Neal. He joins Nashville defencemen Shea Weber and Roman Josi and goalie Pekka Rinne.

New York Islanders centre John Tavares replaces Ovech-

kin as captain of the Metropolitan Division for the league's new 3-on-3 tournament format. Playing 3-on-3 for 20-minute periods is something Trotz expressed concern over earlier in the week. THE ASSOCIATED PRESS

TENNIS

Serena's on quite the roll

When Serena Williams plays as well as she did in the semifinals of the Australian Open, there's little an opponent can do to challenge her. Even one who's soon to be ranked No. 3 in the world, just two places behind her.

"I was just standing there kind of watching her play," the fourth-seeded Agnieszka Radwanska said after her 6-0, 6-4 drubbing by Williams on Thursday. "There was just no mistake. Unbelievable serve. Everything, she was going for it. I couldn't do much. Not at all, actually."



Serena Williams

GETTY IMAGES

It's been a familiar feeling among the players Williams has brushed aside on the way to the final, her seventh at Melbourne Park. She's been so dominant at the Australian Open this year, in fact, that she's reached the final without losing a set — something she's never achieved in 15 previous appearances.

She has dropped just 26 games in six matches, a number she has bettered just four times at the Grand Slams in her career.

This is an ominous sign for Williams' opponent on Saturday, Angelique Kerber, who is in her first Grand Slam final. Williams will be aiming for her 22nd major title, tying her with another German, Steffi Graf.

THE ASSOCIATED PRESS

NHL

Flame suspended for hit on linesman

Calgary Flames defenceman Dennis Wideman has been suspended indefinitely pending a hearing for checking and knocking down linesman Don Henderson on Wednesday night.

Wideman will have a hearing Tuesday with the NHL's department of hockey operations.

During the second period of the Flames' game against Nashville, Wideman got up after being hit and struck Henderson on the way to the bench.



Dennis Wideman

GETTY IMAGES FILE

Wideman said he was in pain and was just trying to get off the ice, adding that he couldn't avoid Henderson.

Wideman apologized to Henderson after the incident.

The Flames lost 2-1 to the Predators. THE ASSOCIATED PRESS

IN BRIEF

Scott said league again tried to get him to quit showcase

John Scott, the career journeyman enforcer who was surprisingly voted into the NHL all-star game by fans, said he got a call from someone at the league who tried to talk him out of playing in the showcase Sunday.

According to Scott, someone with the NHL asked him: "Do you think this is something your kids would be proud of?" Scott said that moment strengthened his resolve to play in the game.

THE ASSOCIATED PRESS

Spieth tied for third in Open

Jordan Spieth showed no signs of fatigue on the latest leg of his globe-trotting tour, finishing the first round of the Singapore Open on Thursday with a share of third place.

The world's top-ranked player began with a birdie at Sentosa Golf Club and birdied three of his last 10 holes to complete a bogey-free round of 4-under 67.

Keith Horne and Berry Henson were one stroke better than Spieth and Byeong-hun. THE ASSOCIATED PRESS

NBA

DeRozan selected to East all-star team

DeMar DeRozan is joining Toronto Raptors teammate Kyle Lowry in the NBA all-star game.

DeRozan was named an Eastern Conference reserve on Thursday, as voted by NBA coaches.

It marks the first time the Raptors have had two players voted onto the squad.

Lowry was named an all-star starter last week, as voted by fans.

Together DeRozan and Lowry form the highest-scoring

Go to metronews.ca for Raptors coverage as they sought a franchise-best 10th straight win Thursday night.

backcourt in the Eastern Conference.

Raptors' Vince Carter and Antonio Davis both played in the 2001 all-star game, but Davis was selected as a replacement for an injured Theo Ratliff. THE CANADIAN PRESS

RECIPE Egg Pizza



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

And just when you're ready to tell us there's nothing in your fridge and you have to order in: boom, a breakfast-for-dinner pizza you can whip up in minutes!

Ready in
Prep time: 5 minutes
Total time: 25 minutes
Serves 2

- Ingredients**
- 2 pitas
 - 1 cup passata (or tomato or pizza sauce)
 - Salt and pepper
 - 1 1/2 to 2 cups mozzarella, grated
 - 1/4 cup crisply fried bacon, crumbled
 - Few leaves of basil
 - 2 eggs

Directions
1. Preheat the oven to 450 F.

2. Place the pitas on a baking sheet. Pour tomato sauce on pitas and spread it around. Leave a little edge clear of sauce all the way around.

3. Sprinkle your cheese on each pita and push it slightly out the edges so you make a nest for your egg.

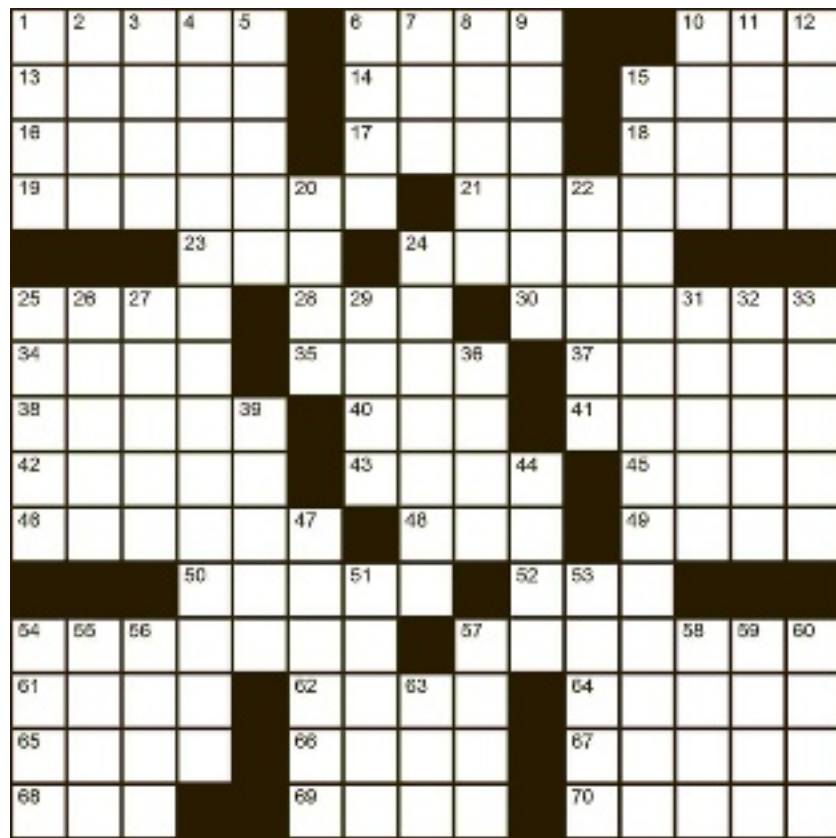
4. Sprinkle basil and the bacon all around the edge of your cheese nest. Gently crack an egg in the middle. Slide the cookie sheet carefully into the oven. Bake for about 15 to 20 minutes, depending on how done you like your eggs.

5. Use a spatula to move your egg pizza to a cutting board where you'll cut each pizza into four. Serve with slices of avocado, sour cream and a bit of salsa. Enjoy!

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

- ACROSS**
1. __ Current, Saskatchewan
 6. Luke Skywalker mentor
 10. Soak through
 13. Weakly
 14. Authentic
 15. 1978 suspenseful movie for Canadian actress Genevieve Bujold, co-starring Michael Douglas
 16. "It just doesn't __..." (Detective's observation)
 17. Oooh's friend
 18. Dismounted
 19. Trailblazer
 21. Here Comes the Bride! Engage, 1800s-style
 23. John __ (Steppenwolf's lead singer)
 24. Last
 25. The North __
 28. __ of corn
 30. "Runaway Train": 1993 hit for Soul __
 34. Secondhand
 35. Batch
 37. Secret chest
 38. This stuff
 40. Three Dog Night hit
 41. Gourmand
 42. Electronics whiz [var. sp.]
 43. Neutral tone
 45. And others, briefly: 2 wds.
 46. The Earth's largest desert
 48. Female octopus
 49. Singer/guitarist Mr. Feliciano
 50. Sailor collar blouse



52. Freezer stuff
54. Artist's 'eggy' painting
57. Traveller's brief layover: 2 wds.
61. Spread-for-bread
62. __ S. Rombauer (Joy of Cooking author)

64. Basketry fibre
65. Varied mixture
66. Achievement
67. Celebrated
68. Actor Mr. Watanabe
69. Forest's one-of-some
70. Skiers are happy

when it does this outside

- DOWN**
1. Switch
 2. Sort of streambed
 3. __-European (Language family)

4. Bit of "Beauty School Dropout" from Grease: "... missed your midterms and __"
5. __ personality
6. 2016, for one
7. Mozart opera, L'__ del Cairo

8. Abu __ (United Arab Emirates capital)
9. Goddess of The Parthenon
10. Alone
11. Fail to mention
12. Route
15. Canadian singer playing #24-Down in FOX's "Grease: Live" musical production on January 31st: 3 wds.
20. Peepers
22. Food's flavour
24. As per #4-Down and #15-Down, role in Grease
25. Golf taps
26. "Romeo and Juliet" (1968) actor Milo
27. Bloodsucker
29. Succulent plant
31. Friday game in Canada, __ Max
32. Places for irises
33. Mr. Haggard of country tunes
36. Are, no more
39. Hawk's habitation, variantly
44. Condo purchase
47. Undirected
51. "Hey! I bet you can't..." sayer
53. Hairdos
54. Removed
55. She, in Quebec City
56. Chow __ (Take-out dish)
57. Satisfy
58. Sgt. Snorkel's dog
59. Went by plane
60. Gov. workers
63. Daisy __ (Li'l Abner's beloved)

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Why do you feel that someone is watching you? Is it because you have a guilty conscience? You may have done something wrong and think others can tell just by looking at you. But they can't, so stop worrying!

Taurus April 21 - May 21
Don't make a big deal out of a trivial issue. In the larger scheme of things it's not important. Life is a game and not to be taken too seriously.

Gemini May 22 - June 21
You may be tempted to cut corners in order to get yourself an advantage. If you succeed you won't feel good about yourself. And if you don't your rivals will take delight in your embarrassment at being caught.

Cancer June 22 - July 23
Do you feel lucky? The planets warn that your feelings may not be the best guide to reality, err on the side of caution today. To put it bluntly: if you gamble you will most likely lose.

Leo July 24 - Aug. 23
Some people enjoy making a drama out of a crisis but you don't have to do likewise. No matter what happens, don't overreact. Stay calm and stay in control of your emotions. Someone needs to keep their head.

Virgo Aug. 24 - Sept. 23
It is never easy for you to hold up your hand and admit that you made a mistake but you must do so today. No one expects you to be perfect, so why do you expect it of yourself?

Libra Sept. 24 - Oct. 23
Someone is giving you a hard time is because they are under the impression that you can be pushed around. No matter what created that impression you must uncreate it. Give them a taste of their own medicine.

Scorpio Oct. 24 - Nov. 22
You have a tendency to get emotional over little things and that tendency is now heightened. Try not to overreact — no more than usual anyway!

Sagittarius Nov. 23 - Dec. 21
You get what you want more often than not but sometimes it pays to let others take the lead. There are a lot of pitfalls on the path you have chosen to take. Let others go first so it's not you who falls down them!

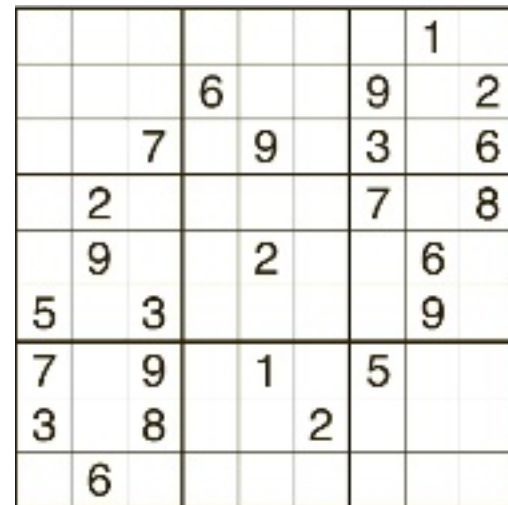
Capricorn Dec. 22 - Jan. 20
Might never makes right and you will make it your business to see that the good guys come out on top. Be guided by your principles and never allow yourself to be bought or bullied.

Aquarius Jan. 21 - Feb. 19
If each step forward results in two steps back it might be wise to take the hint and stay put. You don't have to be on the go every hour of every day, so slow down and enjoy where you are.

Pisces Feb. 20 - March 20
You may be tempted to take a risk today but that could be dangerous. What you think is your subconscious mind guiding you is in fact nothing more than wishful thinking.

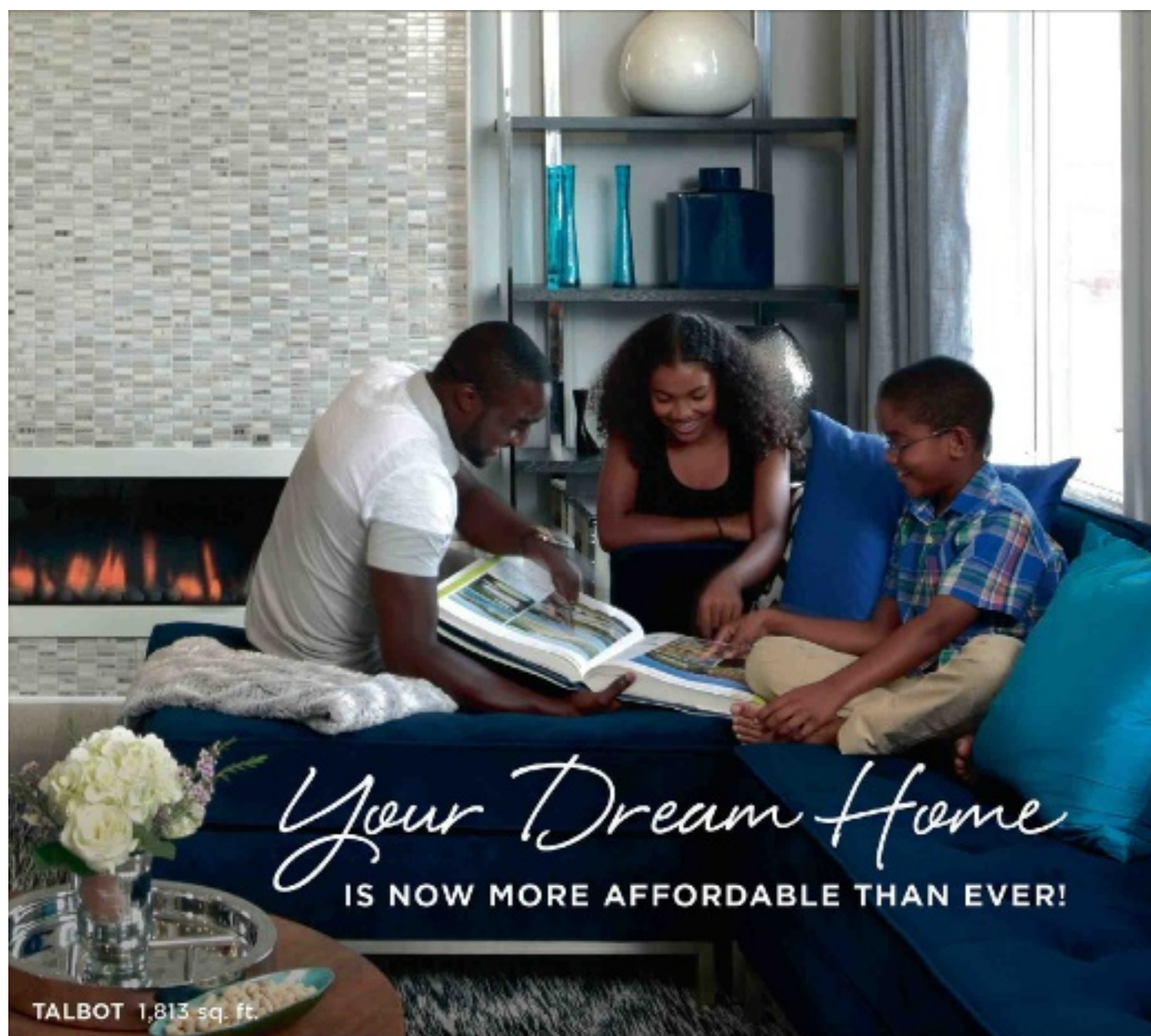
CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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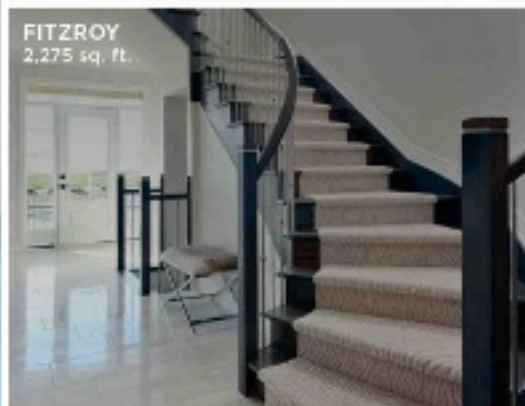


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